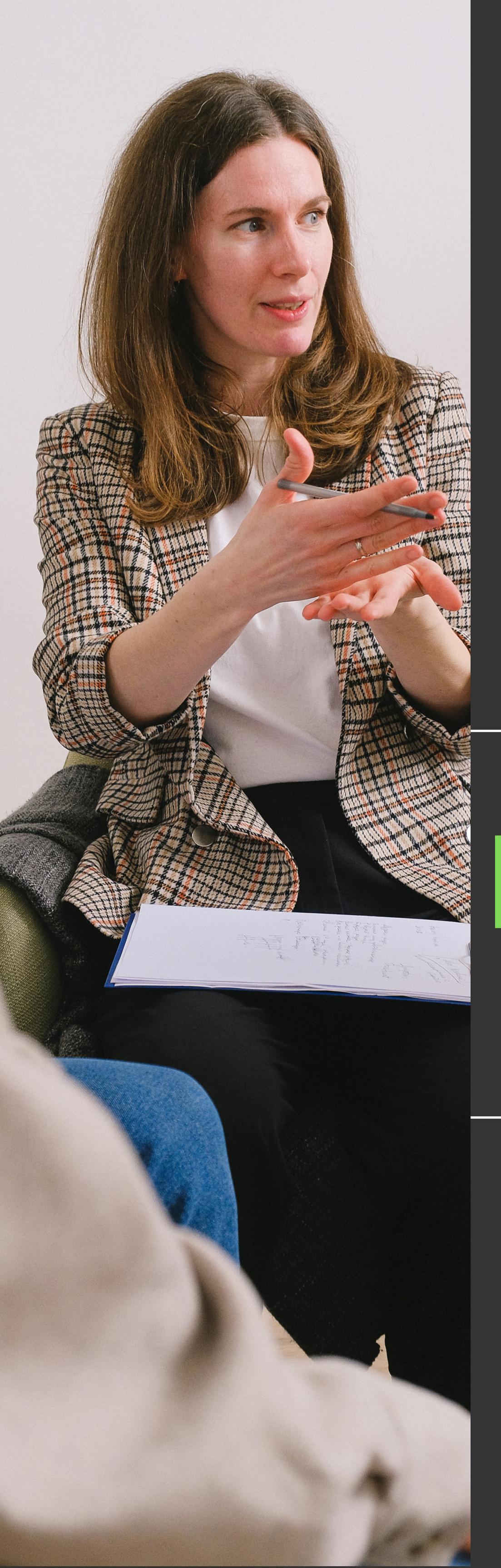


ASCEND-U





February 2025 – April 2025 all times below are GMT+8, i.e. HKT/SGT/CST/MYT



06:30 PM - 08:30 PM 11:30 AM - 01:30 PM 01:30 PM - 03:30 PM 06:30 PM - 08:30 PM 11:30 AM - 01:30 PM 01:30 PM - 03:30 PM February 21, 2025
February 22, 2025
February 22, 2205
February 28, 2025
March 01, 2025
March 01, 2025

Virtual Workshop M1a Virtual Workshop M1b Virtual Workshop M1c Virtual Workshop M1d Virtual Workshop M1e Virtual Workshop M1f

Other Elements: 1 Supervised Practice Session, 1 Moderated Peer Coaching Session, 4 hours of Peer Coaching, 1 ICF Group Mentoring Session, 1 Book Review

11:30 AM 01:30 PN 11:30 AM 01:30 PN 01:30 PN

 11:30 AM - 01:30 PM
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 01:30 PM - 03:30 PM
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March 29, 2025 March 29, 2025 April 05, 2025 April 05, 2025 Virtual Workshop M2a Virtual Workshop M2b Virtual Workshop M2c Virtual Workshop M2d

Other Elements: 1 Supervised Practice Session, 1 Moderated Peer Coaching Session, 6 hours of Non-Peer Coaching, 3 ICF Group Mentoring Session, 1 Coaching Practice Review, 3 1:1 ICF Mentoring Sessions (1hr each), ICF Performance Evaluation (L1)



events@ascend-u.coach