



ASCEND-U

LEVEL 1>>2 BRIDGE SCHEDULE

July 2025 – September 2025

all times below are GMT+8, i.e. HKT/SGT/CST/MYT

M3

05:00 PM – 07:00 PM	July 08, 2025	Virtual Workshop M3a
05:00 PM – 07:00 PM	July 09, 2025	Virtual Workshop M3b
05:00 PM – 07:00 PM	July 10, 2025	Virtual Workshop M3c
05:00 PM – 07:00 PM	July 15, 2025	Virtual Workshop M3d
05:00 PM – 07:00 PM	July 16, 2025	Virtual Workshop M3e
05:00 PM – 07:00 PM	July 17, 2025	Virtual Workshop M3f

Other Elements: 1 Supervised Practice Session, 1 Moderated Peer Coaching Session, 4 hours of Peer Coaching, 4 hours of Non-Peer Coaching, 1 Coaching Practice Review, 1 Book Review

M4

05:00 PM – 07:00 PM	August 19, 2025	Virtual Workshop M4a
05:00 PM – 07:00 PM	August 21, 2025	Virtual Workshop M4b
05:00 PM – 07:00 PM	August 26, 2025	Virtual Workshop M4c
05:00 PM – 07:00 PM	August 28, 2025	Virtual Workshop M4d

Other Elements: 1 Supervised Practice Session, 1 Moderated Peer Coaching Session, 4 hours of Peer Coaching, 4 hours of Non-Peer Coaching, 1 Coaching Practice Review, Performance Evaluation